

Release and Hold Harmless Agreement



In consideration of _____ (name of participant) being allowed to participate in any way with activities required to participate in the Marine Combat Fitness Test and Boot Camp Style PT sessions the undersigned agree to the following:

1. That prior to participating, I agree to inspect the facilities and equipment to be used, and if I believe that anything is unsafe, I will advise the United States Marine Corps Recruiting Sub Station Commander of such condition and refuse to participate.

2. That I acknowledge and fully understand that each participant will be engaging in activities that are known to involve risk of serious injury which might result not only from our own actions, inaction or negligence, but the actions, inactions or negligence of others, the rules of play, or the conditions of the premises or any of the equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.

3. That I assume all risks and accept all responsibility for any damages following such injury.

4. That I intend to be legally bound, and do hereby release, waive, discharge and covenant not to sue the United States Navy, United States Marine Corps, its administrators, officers, directors, agents, coaches, teachers, instructors, or other employees or volunteers of the organization, or to the owners and leasers of the premises used to conduct the event, all of which hereafter are referred to as the "releases", from any and all liability to each of the undersigned, his or her heirs, and next of kin for any claims, demands, losses or damages on account of any injury, or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise in connection with and/or arising out of my travel to participation in, and return from the event. I understand that in transporting me, the United States Government is not acting as a common carrier for hire and does not bear the liabilities attached to that status.

5. That I agree to indemnify and hold harmless the Department of the Navy, the U.S. Marine Corps, its administrators, officers, directors, agents, teachers, instructors, or other employees or volunteers, or owners or leasers of the premises used to conduct these activities against all civil actions or claims for loss or damage to my property or the injury, death, disease, or disability to the undersigned that is caused or alleged to have been caused in whole or in part from any act having any connection with and/or arising out of my participation in these activities.

6. That should I sustain injury or illness while participating in the activities described above, I hereby authorize any emergency first

aid, medication or surgery deemed necessary by licensed medical personnel. I give my permission for the attending medical personnel to execute on my behalf any necessary medical documents or permission forms and to act in my behalf if I am not able to do so.

7. That, I understand the United States Navy will not provide medical care for any injuries occurring during the activities described above. I certify that I have sufficient medical insurance coverage to pay for any medical treatment should an injury occur.

8. I certify that I am not currently under a physician's care, am in good health, and have no reason to believe that I am not physically capable of safely participating in the activities described above.

I, THE UNDERSIGNED HAVE READ THE ABOVE RELEASE AND HOLD HARMLESS AGREEMENT, AND UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS AND MADE CERTAIN IMPORTANT GUARENTEES BY SIGNING IT AND HEREBY SIGN IT VOLUNTARILY.

Signature of Participant

Date

Signature of Legal Parent
or Guardian if under the
age of 18

Date

In the event that I am injured herein below is listed an emergency contact name and telephone number and I do hereby authorize the United States Marine Corps Recruiting Sub Station Vestavia Hills to release any and all information on my injury.

Emergency contact: _____

Telephone number: _____